



## 21st December Winter Solstice Ritual

### Letting Go of hurts and heartbreak of the past year. Embracing Change, Love, Spiritual Breakthrough and Great Good Fortune

#### THE TIME: 17.46pm London GMT

The chart has many aspects called the Inconjunct – a letting go aspect shown in green from the Ascendant (physical body) to Chiron, Neptune, Jupiter in Aquarius in the UK chart.

There is also another from Mars (anger and sexuality) to Mercury (communication).

Venus the planet of love and relationships is in the optimistic sign of Sagittarius. It forms positive connections with the stellium of Chiron Neptune, Jupiter and the Moon in Aquarius.

It is time for us to let go of hurts and anger with authorities so we can embrace the positive changes as shown by Uranus at the top (Midheaven) of the chart which makes a trine to the ascendant and a sextile to the North Node (destiny). Capricorn is a sign that is cardinal - meaning action -and this chart is symbolic for the next 3 months.

By walking along the path of the planets you will be partaking in a ritual with others that sets an intention for healing and committing to taking the next step toward a positive future.

## LOOK UP!

If the night is clear you will see the crescent moon next to Jupiter in the sky after sunset. These are symbols of the soul greeting hope, faith and optimism in the positive future and great good fortune.

Both are in the constellation of Aquarius and the lunar mansion is called Dhanishta in Jyotish (Vedic astrology). It is ruled by the deities called the 8 Vasus (the good ones). The keywords are wealth, prosperity, optimism. The symbol is the flute, and musicality is the focus. The flute is symbolic of an empty space –the ego that has emptied itself –and Krishna, an avatar and incarnation of Vishnu, is portrayed playing the flute.



## THE RITUAL

To prepare. You might like to burn incense or aromatherapy oil. I would suggest frankincense but it's up to you to choose. Arrange 13 tea lights or candles in a line (preferably in a corridor with the lights off.) Place a keyword or choose a small object by each light to sum up the planet's energy. You might like to play some music that has meaning for you. I like the Gladiator film track finishing with the song 'Now We Are Free'.

At the appointed time, with intention, slowly walk this path. There are 13 steps. As you meet each candle/ tea light reflect on the quality of the planet, integrate its message and move on. This process is meant to be helpful and healing. Letting go can be a powerful healing process. Take your time but don't get caught in taking too long! Each step is approx 1 -2 mins maximum.

### First Step: FOCUS ON THE MOON

#### **1st House THE ASCENDANT IN CANCER**

This is Connection with the Moon, your Family, ancestors and deep feelings  
Sabian Symbol: A leader of men wrapped in an invisible mantle of power.

#### **THE SOUTH NODE IN CANCER Letting go of Immaturity**

This is a quest for maturity (as shown in the North Node in Capricorn.)

### Second Step in the 2nd House of Wealth and True Value

#### **MARS IN LEO Courage and wholeheartedness**

Sabian Symbol: American Indians perform a majestic ritual to the sun.

### Third Step in the 4th House of Roots

#### **SATURN IN LIBRA Grounding. Connection to Earth. Commitment to Being in Relationship**

Sabian Symbol: A man teaching the true inner knowledge

### Fourth Step in the 6th House of Healing

#### **VENUS IN SAGITTARIUS Love, and the Spirit of Adventure**

### Fifth Step in the 6th House of Healing

#### **THE SUN IN CAPRICORN Rebirth of The Sun**

Sabian Symbol: An Indian chief claims power from the assembled tribe.



### Sixth Step In the 6th House of Healing

**PLUTO IN CAPRICORN Transformation. Mastery in the Underworld**

### Seventh Step In the 6th House of Healing

**MERCURY IN CAPRICORN Mastery in Communication**  
**Sabian Symbol: A hidden choir singing.**

### Eighth Step In the 7th House of Relationships

**THE NORTH NODE IN CAPRICORN Destiny to be a Master. Taking Your Place** This is a quest for maturity.

**LET GO OF** the tendency to become over- dependent on other people and cling to them as if you were a child.

**LET GO** of burdening others with your real or imagined emotional problems wanting them to take a parental role.

**LET GO** of searching for a father-figure.

**RISE TO THE CHALLENGE** of becoming responsible for your own life.

### Ninth Step In the 8th house of sexuality and rebirth **LETTING GO OF HURTS**

**CHIRON IN AQUARIUS Healing The Wound** of feeling like The Outsider

**EMBRACE THE GIFT OF CONNECTION.**

SEE the bigger picture, stand back and glimpse the view from 'on high'.

RECONNECT with the universe and Humanity.

RECOGNISE that it's only by being alone that we can be in silent communion with the universe.



### Tenth Step In the 8th house of sexuality and rebirth **NEPTUNE IN AQUARIUS Spiritual Connection with Humanity**

### Eleventh Step In the 8th house of sexuality and rebirth **JUPITER IN AQUARIUS Faith in Humanity**

### Twelfth Step In the 8th house of sexuality and rebirth

**THE MOON IN AQUARIUS Your Soul Group Connection with Humanity**

### Thirteenth Step In the 9th house of higher knowledge, wisdom and spiritual journeys.

**Embracing Change and Spiritual Breakthrough**

**URANUS IN PISCES Sudden Change in Spirituality**  
**and THE MIDHEAVEN IN PISCES Enlightenment and Oneness**

In the tarot the card 'The World' is connected to the planet Saturn, ruler of the sign of Capricorn. Saturn is known as the esoteric ruler of planet earth.

This beautiful card by Kay Stopforth from The Quantum Tarot deck illustrates beautifully the celebration of the connection that We Are All One.

<http://quantumtarot.blogspot.com/>

*Thanks to Laura Berridge and Sally Raymond for helping birth this idea. Copyright Pam Carruthers Healing Stars*

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